



**COMPASS** is a resource for adult male mentors working with young men ages 12-18 in outdoor subsistence, athletic and cultural programs in Alaska. **COMPASS** promotes meaningful conversations to encourage healthy identities, build positive relationships, and strengthen communities.

**COMPASS** offers stories, discussions, reflections, activities, and teachable moments on seven key topics:

- Knowing Who You Are
- Knowing Your Emotions
- Respect for Self
- Respect for Others
- Communication
- Conflict Resolution
- Becoming Men

**COMPASS** will help create a safe and respectful space to explore being men and boys in our society and connect around topics that impact relationships, families, and communities.

## TRAINING FOR MENTORS

### DEVELOP SKILLS

Practice facilitating activities and leading discussions on the topics in *COMPASS*.

### EXPLORE MANHOOD

Help define what it means to be a man and ways to promote non-violent forms of manhood.

### CREATE CONNECTIONS

Meet other mentors from across the state connecting with young men.

### SHARE YOUR VOICE

Help others learn from your experiences, share your insight and knowledge.

